

K-K2 Lunch Menu: April 7th-11th, 2025

TYPE OF FOOD		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Bread / Cake 中西式 包点	Red Bean Buns 红豆馅卡通猪猪包	Homemade Wheat Bread Slices 自制燕麦面包片	Steamed Buns 蒸馒头	Wonton (Pork) 煮云吞	Boiled Egg 煮鸡蛋
	SNACK -EY 幼儿园	Scrambled Egg and Corn 炒香肠鸡蛋	Steamed potato and carrot with olive oil 橄 榄油蒸土豆红萝卜	Cereals and Milk 谷类和牛奶	Mix Vegetables stick / Crackers 蔬菜条/消化饼	Cheese Sandwich 芝 士三明治
	Fruit 水果	Banana / Apple 香蕉 / 苹果	Orange/ apple 橙子 / 苹果	Apple/Blue berry 苹果/蓝莓	Apple /Banana 苹果/香蕉	Tangerine/ Grape 砂糖橘/葡萄
LUNCH	WITH MEAT	Halal-Orleans Grilled Chicken Wings 奥尔良烤鸡翅 (清真)	Halal-Stir Fry Beef with Bell Pepper 彩椒炒牛肉 (清真)	Deep-Fried Chicken with Tartar sauce 炸鸡和塔塔酱	Halal-Japanese Steam Fish with Lemon Juice (Halal) 日式柠檬汁蒸鱼 (清真)	Halal-Beef Lasagna 牛肉千层面 (清真)
	VEGETARIAN	Pasta with Tomato Sauce 茄汁意粉	Braised Tofu (Not Spicy) 焖豆腐 (不辣)	Mixed Rice Noodles with Vegetables 杂菜拌粉	Scrambled Eggs with Tomatoes 番茄炒蛋	Baked Cauliflower and Potato 花椰菜烤土豆
	VEGETABLE	Cauliflower/Broccoli 菜花/西兰花	Choy Sum 菜心	Long Bean 豆角	Wax Gourd 冬瓜	Bok Choy 上海青
	STARCH	Steamed Rice 蒸饭	Steamed Carrot Rice 蒸胡萝卜饭	Bicolor Rice 蒸杂粮饭	Steamed Rice 蒸饭	Steamed Rice 蒸饭
	Soup	Pork Bones, Dried Squids with Hairy Gourd 节瓜鱿鱼猪骨	Kelp, Wintermelon, and Pork Bones Soup 海带冬瓜薏米煲猪骨	Yam, Apple and Pork Soup 淮山苹果瘦肉汤	Wolfberry Leaf with Pork Liver and Pork 枸杞叶猪肝瘦肉	White Fungus, Lotus Seed and Lily Sweet Soup 莲子百合雪耳糖水
AFTERNOON SNACK	Fresh Milk 鲜牛奶	Fresh Milk 鲜牛奶	Soy Milk 豆奶	Fresh Milk 鲜牛奶	Soy Milk 豆奶	Fresh Milk 鲜牛奶
	Doughnut 甜甜圈	Vegetables Chips 蔬果干	Homemade Chocolate Cake 自制巧克力蛋糕	Hawthorn 山楂	Homemade Blueberry Cake 自制蓝莓蛋糕	
	Melon 哈密瓜	Pear 梨	Tangerine 柑	Dragon Fruit 火龙果	Grape 葡萄	