

UISG Lunch Menu: April 7th-11th, 2025

BUFFET LUNCH K3-Y2: ¥26 Y3-Y6: ¥30 Y7-Y12: ¥35		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH 主要菜式	Option (A) A餐	Orleans Grilled Chicken Wings (Halal) 奥尔良烤鸡翅 (清真) 	Stir Fry Beef with Mushroom (Halal) 茶树菇炒牛肉 (清真) 	Deep-Fried Chicken with Tartar sauce 炸鸡和塔塔酱 	Poulet Basquaise Braised Basque Chiciken 巴斯克炖鸡 	Beef Lasagna (Halal) 牛肉千层面 (清真) 
	Option (B) B餐	Braised Beef with Tomato and Potato 土豆番茄炖牛肉 	Vietnamese Grilled Pork with Lemongrass 越式香茅猪扒 	Roast Duck (Halal) 酱香烤鸭肉 (清真) 	Japanese Steam Fish with Lemon Juice (Halal) 日式柠檬汁蒸鱼 (清真) 	Hawaiian Grilled Pork Cheek with Pineapple 夏威夷菠萝猪颈肉 
	VEGETARIAN (C) 素食	Pasta with Tomato Sauce 茄汁意粉 	Mapo Tofu (Slightly Spicy) 麻婆豆腐 (微辣) 	Mixed Rice Noodles with Vegetables 杂菜拌粉 	Scrambled Eggs with Tomatoes 番茄炒蛋 	Baked Cauliflower and Potato 花椰菜土豆 
STARCH 主食		Steamed Rice 蒸饭	Duchess Mashed Potato 公爵夫人土豆泥	Bicolor Rice 蒸杂粮饭	Steamed Rice 蒸饭	Potato Wedges 土豆角
		Butter Corn Cob 牛油玉米棒	Steamed Carrot Rice 蒸胡萝卜饭	Pasta with Tomato Sauce 茄汁螺丝粉	Baked Beans 茄汁焗豆	Steamed Rice 蒸饭
VEGETABLES 配菜	OPTION ONE 选项一	Cauliflower/Broccoli 菜花/西兰花 	Choy Sum 菜心 	Long Bean 豆角 	Wax Gourd 冬瓜 	Bok Choy 上海青 
	OPTION TWO 选项二	Baked Beans 茄汁焗豆 	Couscous with Vegetables 中东小米拌杂菜 	Roast Vegetables with Olive Oil and Pepper 橄榄油拌烤蔬菜 	Corn and Beans 鹰嘴豆红腰豆玉米 	Potato Salad (Egg) 土豆沙拉 (含鸡蛋) 
	SIDE FOOD	Lettuce and Tomatoes 生菜番茄	Lettuce and Tomatoes 生菜番茄	Lettuce and Tomatoes 生菜番茄	Lettuce and Tomatoes 生菜番茄	Lettuce and Tomatoes 生菜番茄
SNACK OPTION 简餐 25rmb/ Box	VEGETARIAN 素食 (D)	Cheese, Egg and Tomato Tortilla Roll 芝士鸡蛋番茄卷 	Korean Rice Cake (Spicy) 韩式炒年糕 (辣) 	Egg Sandwich 鸡蛋三明治 	Korean Kimchi Rice Ball 韩式泡菜饭团 	Corn and Seaweed Sushi 玉米拼海草寿司 
	NON-VEGETARIAN 含肉类 (E)	Ham and Cheese Sandwich 芝士火腿三明治 	Chicken Sandwich 鸡肉三明治 	Cheese and Beef Tortilla Roll 芝士牛肉墨西哥饼 	Tuna Sushi 吞拿鱼寿司 	Fried Fish Fillet Burger with Potato Wedge 炸鱼排汉堡配土豆角 
	NON-VEGETARIAN 含肉类 (F)	Beef Soup Rice Noodles 牛肉片汤粉 	Pork Ramen 豚骨拉面 	Wonton Noodles (Pork) 云吞面 	Beef Bibimbap 牛肉韩式拌饭 	Pork Dumpling Soup 上汤猪肉水饺 
FRUIT	Banana 香蕉	Yogurt 酸奶	Apple 苹果	Yogurt 酸奶	Pear 梨	
DESSERT	Doughnut 甜甜圈	Chocolate Cake 巧克力蛋糕	Yogurt 酸奶	Blueberry Cake 蓝莓蛋糕		