

UISG Lunch Menu: April 14th-18th, 2025

BUFFET LUNCH K3-Y2: ¥26 Y3-Y6: ¥30 Y7-Y12: ¥35		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH 主要菜式	Option (A) A餐	Pan Fried Chicken with Pepper Sauce (Halal) 煎鸡扒配黑椒汁 (清真) 	Beef Bourguignon (Halal) 勃艮第牛肉 (清真) 	Curry Chicken (Slightly Spicy) 咖喱鸡肉 (小辣) 	Spaghetti Bolognese (Halal) 牛肉酱意粉 (清真) 	Thai Grilled Chicken Wings with Lemongrass(Halal) 泰式香茅烤鸡翅 (清真) 
	Option (B) B餐	Daeji Galbi (Korean Pork Ribs) (Slightly Spicy) 韩式烤排骨 (微辣) 	Eggplant with Minced Pork 茄子肉末 	Steamed Fish with Soy Sauce (Halal) 广式酱油蒸鱼柳 (清真) 	Sweet and Sour Pork 酸甜猪肉 	Korean Beef Bulgogi (Sesame/Beef/Onion) 韩式炒牛肉 (芝麻/牛肉/洋葱) 
	VEGETARIAN (C) 素食	Vegetables and Egg Fried Rice 杂菜鸡蛋炒饭 	Potato Gratin 烤芝士土豆片 	Luohanzhai (Glass Noodles/ Carrots/Toufu/Mushroom) 罗汉斋(米粉/胡萝卜/腐竹/蘑菇) 	Steamed Eggs 蒸水蛋 	Farfalle Pasta with Tomato Sauce 茄汁蝴蝶粉 
STARCH 主食		Rice 米饭	Bicolor Rice 杂粮双色饭	Rice 米饭	Bicolor Rice 双色饭	Rice 米饭
		Steamed Potatoes 蒸土豆	Pasta 螺丝粉	Corn Cob 玉米棒	Baguette Slices 法包片	Sweet Potato 蒸红薯
VEGETABLES 配菜	OPTION ONE 选项一	Choy Sum 菜心 	Broccoli/Carrot 西兰花胡萝卜 	Lettuce 油麦菜 	Bok Choy 小唐菜 	Long beans 豆角 
	OPTION TWO 选项二	Baked Beans 茄汁焗豆 	Chickpea/ Kidney Beans and Black Olive 鹰嘴豆红腰豆黑橄榄 	Mixed Couscous with Vegetables 中东小米和蔬菜 	Roast Vegetables with Olive Oil 橄榄油烤蔬菜 	Diced Cucumber and Corn Kernels 青瓜玉米粒 
SNACK OPTION 简餐 25rmb/ Box	VEGETARIAN 素食 (D)	Baked Beans/Steamed Potatoes and Boiled Eggs 茄汁焗豆配蒸土豆鸡蛋 	Tomato, Lettuce and Cheese Sandwich 生菜番茄芝士三明治 	Lettuce, Tomato and Cheese Tortilla Roll 生菜番茄芝士卷 	Spring Rolls with Vegetables Root 春卷配烤蔬菜根 	Tofu Skin and Kimchi Rice Ball 豆腐皮泡菜饭团 
	NON-VEGETARIAN 含肉类 (E)	Ham and cheese Sandwich 火腿芝士三明治 	Tuna Sushi 吞拿鱼寿司 	Chicken Sandwich 鸡肉蔬菜三明治 	Beef Burrito Wrap 牛肉墨西哥玉米饼卷 	Chicken Pizza with Vegetables 鸡肉披萨配番茄生菜 
	NON-VEGETARIAN 含肉类 (F)	Orlean Grilled Chicken Noodles 奥尔良鸡扒面 	Beef Brisket Noodle Soup 牛腩面 	Mixed Noodles with Minced Pork Sauce 炸酱面 	Beef Balls and Fish Balls Rice Noodles 牛肉丸鱼丸汤面 	Korean Bibimbap 韩式牛肉石窝饭 
FRUIT		Apple 苹果	Pear 梨	Yogurt 酸奶	Banana 香蕉	Yogurt 酸奶
DESSERT		Croissant 牛角包	Carrot Cake 胡萝卜蛋糕		Brownie 翡翠巧克力蛋糕	