

EY (K-K2) Menu: March 4th-6th, 2026

TYPE OF FOOD		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK 早点	Bread / Cake 中西式包点	<h1>PD Day No School</h1>		Steamed Bun 蒸馒头	wonton-Pork 煮云吞	Boiled Egg 煮鸡蛋
	SNACK 点心			Cereals and Milk 谷类和牛奶	Mix Vegetables stick / Crackers 蔬菜条/消化饼	Cheese Sandwich 芝士三明治
	Fruit 水果			Apple/Blueberry 苹果/蓝莓	apple /banana 苹果/香蕉	Apple/ Grape 苹果/葡萄
LUNCH 午餐	MEAT 肉类			Orleans Grilled Chicken Wing (Halal) 奥尔良式烤鸡翅 (清真)	Pan fried Nuremberg flavor sausage & Onion with Pepper 彩椒洋葱炒纽伦堡风味香肠	Chicken with Mushroom, Cream and Truffle (Halal) 黑松露蘑菇奶油鸡扒 (清真)
	VEGETARIAN 素餐			Luohanzhai (Glass Noodles/ Carrots/Tofu/Mushroom) 罗汉斋(米粉/胡萝卜/腐竹/蘑菇)	Braised Tofu 红烧日本豆腐	Baked Potato Wedges with Cheese 芝士焗薯角
	VEGETABLE 蔬菜			Cabbage/ Carrots 包菜/胡萝卜	Cauliflower/Broccoli 菜花/西兰花	Bok Choy 小唐菜
	STARCH 主食			Steamed Rice 蒸饭	Creamy Penne Pasta with Spinach 奶油菠菜通心粉	Steamed Rice 蒸饭
	Soup 汤			Fish, Papaya and Beans Soup 木瓜眉豆鲫鱼汤	Chicken with Herbs 海底椰煲鸡	Red Bean Sweet Soup 红豆糖水
AFTERNOON SNACK 下午茶点				Fresh Milk 鲜牛奶	Yogurt 酸奶	Fresh Milk 鲜牛奶
				Vegetables Chips 蔬果干	Hawthorn山楂	Egg Tart 蛋挞
		Orange 橙子	Dragon Fruit 火龙果	Watermelon 西瓜		